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**INTERNATIONAL COMPETENCES IN HEALTH CARE EDUCATION AT
THE UNIVERSITY OF RUSE – REFLECTION AND LESSONS LEARNT ***

Liliya Todorova

**ИНТЕРНАЦИОНАЛНИТЕ КОМПЕТЕНЦИИ В ОБУЧЕНИЕТО ПО
ЗДРАВНИ СПЕЦИАЛНОСТИ В РУСЕНСКИЯ УНИВЕРСИТЕТ –
РАВНОСМЕТКА И ПОУКИ ***

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***International Competences in Health Care Education at the University of Ruse – Reflection and Lessons Learnt:** Internationalisation is an important aspect of nowadays higher education. It provides students with opportunities to increase their cultural sensitivity, understand global health issues and develop international research experience. Internationalisation contributes to student learning as well as to personal and professional growth and improved self-confidence. The University of Ruse has rich experience in international activities in the area of healthcare education. Since 2010 the university has hosted 50 incoming and sent 32 outgoing students through Erasmus mobility. Staff and students have participated in a number of trainings and international modules. The paper presents analysis of student's views on their participation in the international module IC4Life, collected through online survey, as well as teacher's personal reflections. International experience is highly appreciated, however it needs systematic approach for preparation, participation and evaluation.*

Key words: occupational therapy, internationalization, competences, reflection

JEL Codes: I1, I21, Z10

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