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TRAINING OF RELATIVES AND ATTENDANTS OF HEMODIALYSIS PATIENTS ¹²

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Abstract: *Kidney failure is one of the leading chronic diseases that cause disability or a lasting and significant decrease in quality of life. Hemodialysis is a method of treatment that is life-saving in irreversibly failing renal function. In order to maintain a good overall quality of life for hemodialysis patients it is necessary to carry out joint activities with them, their relatives and the nurses. The training of patients on hemodialysis and their relatives and companions should be a continuous process. Rarely common is organized training in the form of courses of relatives of sick people with chronic diseases. Exploring escorts with hemodialysis regimen and lifestyle contributes to helping patients change their daily lives in accordance with conducting dialysis procedures, adherence to the necessary diet in order to preserve their overall quality of life. The main motivation in conducting the training is that the attendants acquire the necessary knowledge about life with chronic kidney disease and hemodialysis treatment, to be able to respond adequately to the needs of their relatives. The training of the attendants of hemodialysis patients gives calmness and confidence that they have the necessary skills to care for their relatives. The availability of knowledge leads to overcoming the fear of uncertainty and uncertainty about the future.*

Keywords: *training, relatives and attendants, hemodialysis patients*

JEL Codes: *I10*

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