

SUPERVISION AS AN IMPERATIVE SOLUTION TO PREVENT BURNOUT SYNDROME IN SOCIAL WORK

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Abstract: *Social work is an incredibly important and compassionate profession that requires a great deal of responsibility. However, it can also be quite emotionally and mentally taxing due to the variety of problems that social workers must address. To combat this issue, various methods and techniques are being used in social work, one of which is called supervision. This approach is considered a crucial part of ongoing professional development for social workers. The goal is to prevent and overcome the phenomenon of "burnout" in social work through the use of supervision. In this regard, it is important to explore the theoretical aspects and viewpoints surrounding this topic, which is the prior aim of the present paper.*

Keywords: supervision, social work, social worker, stress, burnout syndrome

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